

The book was found

# The Book Of Five Rings (with Linked TOC)



## Synopsis

This ebook is complete with linked Table of Content making navigation quicker and easier. Miyamoto Musashi's Go Rin no Sho or the book of five rings, is considered a classic treatise on military strategy, much like Sun Tzu's The Art of War and Chanakya's Arthashastra. The five "books" refer to the idea that there are different elements of battle, just as there are different physical elements in life, as described by Buddhism, Shinto, and other Eastern religions. Through the book Musashi defends his thesis: a man who conquers himself is ready to take it on in the world, should need arise.

## Book Information

File Size: 334 KB

Print Length: 96 pages

Publisher: Spastic Cat Press (January 20, 2010)

Publication Date: January 20, 2010

Sold by:Â Digital Services LLC

Language: English

ASIN: B0035FZM28

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #51,872 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17 inÂ Kindle Store > Kindle eBooks > History > Asia > Japan #25 inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Eastern Philosophy #28 inÂ Kindle Store > Kindle eBooks > Nonfiction > Politics & Social Sciences > Philosophy > Eastern

## Customer Reviews

As others have already written very complete reviews, I just had a few miscellaneous comments, mostly on how to understand Musashi's seemingly paradoxical ideas about technique. This has become a legendary book. Written by the famous swordsman, sometimes referred to in the west as "The Lone Ranger of Japan," Musashi claimed to have been in over 60 sword battles, triumphing each time, so it's no wonder Musashi's name has become legendary in both Japan and the west. The book sets out Musashi's philosophy and correct Way of the Sword. But the principles

Musashi espouses are bound to sound perplexing to many people. Musashi says that the best stance is no stance, that too much strength is bad (your sword may shatter when clashing swords), and that even too much speed is bad (it may upset your balance), and that none of these are the true Way of the Sword. The best technique is, in fact, no technique. This sort of philosophy is bound to be more than a little confusing, so I'll see if I can clarify it a little. I'm not sure I understand Musashi either, although I've studied martial arts for many years and have read my share of eastern philosophy, but I'll give you my ideas on how I relate to them just in case you find them useful. Basically what Musashi is saying is that once you've learned a technique and committed it to memory and especially "muscle memory," it becomes fixed and is no longer adaptive. Your body becomes channalized into this form or technique, which then becomes limiting, preventing you from achieving true mastery, which is the ability to adapt and flow with any of the infinite number of situations you may encounter. Fixity is therefore dysfunctional and is not the true Way of the Sword.

[Download to continue reading...](#)

The Book of Five Rings (with linked TOC) The Spooner Collection: An Essay on the Trial by Jury, Vices are not Crimes, The Unconstitutionality of Slavery (with linked TOC) Etiquette: In Society, In Business, In Politics and at Home [Illustrated, Linked ToC] The Articles of Confederation (with linked TOC) The Usborne Internet-Linked Science Encyclopedia (Usborne Internet-Linked Discovery Program) Honor: Samurai Philosophy of Life - The Essential Samurai Collection; The Book of Five Rings, Hagakure: The Way of the Samurai, Bushido: The Soul of Japan. Comprehensive Heterocyclic Chemistry : Comprehensive Heterocyclic Chemistry, Five-Membered Rings with Oxygen, Sulfur or Two or More Nitrogen Atoms Deadly Intent (Linked Inc. Book 1) Linked Labor Histories: New England, Colombia, and the Making of a Global Working Class (American Encounters/Global Interactions) The Two Babylons (All scriptures fully linked!) Dr. Mary's Monkey: How the Unsolved Murder of a Doctor, a Secret Laboratory in New Orleans and Cancer-Causing Monkey Viruses Are Linked to Lee Harvey ... Assassination and Emerging Global Epidemics Choosing the Right Practice Location: The Overlooked Ways Demographics, PPOs, Taxes & Retirement Are Linked to This Critical Decision The Philosophy of Freedom: With linked Table of Contents Toward a Psychology of Being (Rediscovered Books): With linked Table of Contents Linked: The New Science Of Networks Science Of Networks The Lord of the Rings Movie Trilogy Coloring Book Whisper (The Whispers of Rings Book 1) Five Nights at Freddy's Ultimate Game Guide: How to Survive the Night with Strategies, Secrets, Hints, Tips & Tricks (Five Night's at Freddy's 1, 2, 3, 4 Handbook for Android, iOS & Online Play) Five-Plant Gardens: 52 Ways to Grow a Perennial Garden with Just Five Plants Five Good Minutes: 100 Morning Practices to Help You

Stay Calm and Focused All Day Long (The Five Good Minutes Series)

[Dmca](#)